

# THE Yellow PAGES



PICTURED: Some of our Matric girls before their Dance last Saturday evening. From left to right is Meghan Armon, Keryn Taylor and Sonique Swiny. Read more about the dance below.

## "the good news"

Two weeks ago, we held a relationship workshop for our Grade 11 girls and the boys from St Charles College. The following is a short recap of what we spoke about:

All relationships are worth resolving, as our purpose is to learn how to love. We have to drain the poison of our natural responses of withdrawing from, or attacking, others. Conflicts can be resolved by following

these principles:

1. Always take the initiative to make peace. Be the proactive one.
2. Pray to ask for God's wisdom and strength in the situation.
3. Confess your part, even if it's only small. Take responsibility.
4. Sympathize with hurt feelings. Learn to say sorry.
5. Attack the problem, not the person.
6. Co-operate. Don't sulk or withdraw.
7. Look for reconciliation before solutions. We can learn to live with differences.
8. The miracle



**Rev. Diane Pickford**  
St John's D.S.G. Chaplain

phrase for healing relationships is: "I am sorry. I was only thinking about myself."

## THIS WEEK'S highlights

### HEELS FOR MEALS

There was a lot of glitz and glamour at our Interact Committee's *Heels for Meals* event on Monday, 10 September! Our Grade 12 girls modelled their stunning Matric Dance dresses, and our Junior School girls, in particular, were absolutely enthralled by the fashion show!

Mrs Marilyn Evans, our teacher in charge of Interact, says, "We had a wonderful turnout at *Heels for Meals*. Thank you to everyone who attended and on behalf of the Interact Committee, I would like to say a very special "thank you" to each family who donated delicious treats for the event.

All proceeds from *Heels for Meals* will be donated to Rise Against Hunger, which is a wonderful organization that puts together and distributes meal packs to those in need, in our local community."



### The Duke of York

St John's D.S.G. is very proud to be one of the sponsors for the Collegians Harriers' annual Duke of York Road and Trail Race. This year's race will be taking place on Sunday, 7 October and promises to be a wonderful event, filled with fun for the whole family! There are races of varying distances available to enter: a 16km, 5km and a 1km Kiddytrail. There are also some fantastic category and lucky draw prizes, and there will be a range of enjoyable activities to take part in. If you would like to enter this event, which has been taking place for more than 90 years, then please join us!

Visit [www.webtickets.co.za](http://www.webtickets.co.za) to book your tickets. You can also visit [www.collegiansharriers.co.za/duke.htm](http://www.collegiansharriers.co.za/duke.htm) for more information. We would love to see you there!

## junior SCHOOL



### SUNFLOWER DAY 2018

Today our Junior School girls took part in Bandana Day, to raise funds for The Sunflower Fund. The Sunflower Fund is a donor recruitment centre and registry, which fights blood diseases like leukaemia through the recruitment of stem cell donors and maintaining a registry of potential donors committed to helping anyone in need of a life-saving stem cell transplant.

This wonderful charity is very close to the hearts of one of our Junior School families. Mr Andrew Edmonds (who is our much-loved Geography teacher in the Senior School and dad of daughter, Isabella, in Grade 7) and his wife, Lara, first learnt about The Sunflower Fund after their oldest and only child at the time, James, was diagnosed with a very rare form of leukaemia when he was just 11 months old.

Lara says, "When James was diagnosed, we were told that his only chance of survival was through a bone marrow transplant. Unfortunately, neither Andrew or I, nor any of our family members were a complete genetic match for James, so we, therefore, had to try to find another match overseas.

One day, while we were in the hospital with James, I picked up a magazine to read and saw an article about The Sunflower Fund, which had recently been founded and was not well known in South Africa. Through the coverage of James' story in our local media, The Sunflower Fund became very well known in KwaZulu-Natal and 5000 new members joined the bone marrow registry, as a result. We feel incredibly blessed to know that this is a part of James' legacy, and we know that this was part of God's plan for his life.

To think how much the Sunflower Fund organization has grown since James passed away – 14 years ago – is amazing! When you buy a tope, attend one of The Sunflower Fund's events, donate to this wonderful organisation or join the bone marrow registry, you bring hope to families who need it. We could have had all the money in the world, but it could never have saved James' life. This organisation, and the people who continue to support it and join the bone marrow registry, helped to give us hope – and you can do the same for other families in situations like ours."



The Edmonds family at our Cut for CANSA in 2016, where Isabella cut her hair.

### OUR POLOCROSSE CHAMPS

A few weeks ago, we featured Lauren Heynes (Grade 6) and Amy Cocker (Grade 7) in our newsletter after they had been selected for the South African u14 and u16 National Polocrosse teams respectively. We then featured some news about Lauren in the August 24th edition of the Yellow Pages, and were very excited to receive these photos and some news from Amy and her family about how she enjoyed the tournament.

Amy, at the mere age of 12 years old, was selected for the u16 National Polocrosse team, and took part in a tournament against a touring Barbarians side. She played a key role in the team and came up against two of the top u16 Australian lady players. Although Amy's team did not win, they improved with each test match, which resulted in an exciting third test match where the SA u16 team was ahead by one goal in the 6th chukka, but slipped back by four goals by the end of the 8th chukka. Amy showed maturity above her years and never gave up! She managed to score her goals under extreme pressure. Amy's horse was awarded the Golden Pony award for the U16 age group.

Mrs Karen Cocker, Amy's mother says, "The South African Polocrosse Association are very proud of our two St John's D.S.G. girls. Both Amy and Lauren have reached a high level of Polocrosse at a very young age and they both have exciting futures ahead of them in this exciting sport."



## senior SCHOOL



### MIDNIGHT IN MOROCCO

With lanterns, plants and delicious Moroccan cuisine, the scene was set last Saturday evening (8 September) for a beautiful "Midnight in Morocco" themed Matric Dance. We were thrilled to celebrate this special evening with our Grade 12 girls (who looked breathtaking in their beautiful outfits!), their partners and parents.

Priya Moodley, one of our Matric girls, says, "The night was absolutely spectacular! Spending this occasion with the amazing young ladies with whom I've had the privilege of spending the last five years is what made it even more special. It was filled with love, laughter and lots of dancing, and it was a great way to kick back and have fun after writing Trials! Thank you to the Grade 11s for all the hard work you put into making the night one to remember!"

One of our parents, Mrs Webster, says, "It was the most fantastic, amazing evening! We had a special time with our daughters and friends. Thank you to the many hands that worked so hard to make this occasion so grand."

Well done to Mrs Zartmann, Mrs Schoeman and our Grade 11 girls for all the thought, effort and hard work that they put into making the evening the success that it was! A huge "thank you" too, to our Catering team for the delicious three-course feast that they prepared for the evening; Mr Corbitt for everything that they did to assist with the event, and to Miss Mills and her team for all their hard work.



## BEHIND THE SCENES OF THE MATRIC DANCE

We asked our Matric girls to send us any special or funny "behind the scenes" stories of their Matric Dance. We received the following from two of our girls, Erin Ivins and Sarah Tocknell. We have to say that Sarah is such a great sport for being willing to share her story with us. She even sent us a photo!

### When things go right...

"My boyfriend (who I have known for most of my life) recently emigrated to the U.K., which was really heartbreaking for me. Through a miracle, his parents flew him back to South Africa, so that he could come with me to my Matric Dance. It was the most beautiful evening and an absolute dream come true!"



### When things go wrong...

"During our pre-drinks, so many people stepped on my train that my dress split! By chance, Rachel Hansen had a needle and thread, so she sewed it up (she is studying fashion design next year so, thankfully, you couldn't even notice where the dress had been mended) but my poor partner had no idea where I had disappeared to for over half an hour, while trying to fix the small disaster!"



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